

Family and Friends Information

Thank you so much for supporting your friend or family member as they enter treatment and work on changing their life! We hope the following information will assist you in this process.

Addiction is a family disease affecting those in relationships with the person who is addicted. We recommend attending an Al-Anon or Nar-Anon meeting for support. These meetings offer hope and help to families and friends. To find an Al-Anon meeting visit www.tampabayalanon.org . To find a Nar-Anon meeting visit www.naranon.fl.org/meetings .

1. **Visitation information:** Family and friends may visit clients on the days indicated below. **Clients in Men’s Residential Treatment Program can have visitation once they become a Phase I client.** Family and friends may visit clients provided they are clean and sober, and supportive of recovery from drugs/ alcohol. Children cannot be left unattended in the building or on the grounds at any time, and must be under the direct supervision of the parent/ guardian at all times.

2. **Visitation Requirements:** In order to visit residents, friends and family members *must attend the scheduled meetings prior to visitation.*
 - A. Friday Evening- Family Education Group at 6:00pm facilitated by a counselor. Visiting hour follows this group.
 - Men’s Residential - 7:00pm – 8:00pm
 - **Please be present prior to the start time or you will not be admitted to the group or visitation.**

 - B. Saturday and Sunday Afternoon- “Family and Friends” meeting beginning at 1:00pm with visitation immediately following.

- **Please be present prior to the start time or you will not be admitted to the group or visitation.**

3. Privileges Per Phase: This Residential program is up to 6-months of inpatient treatment in which clients progress through 5 Phases. The Phases are approximately 30 days in duration. When each level is achieved certain privileges are earned:

Phase 0 (Orientation) – At this stage of treatment clients have not earned any privileges, to include Phone Calls and Visitation (Initial Phone Call to family will be made during the intake process, and additional calls thereafter will be made with their counselor.

Phase 1 & Phase 2 Telephone, Mail and Visitation privileges are earned.

Phase 3 - job search and employment added. Additional visitor added to client's visitors list.

Phase 4 & 5 – Self-Transport to Outside Meetings and Furloughs are earned and an additional visitor added to client's visitors list.

4. Delivery of Items- Items may be delivered to client's during their first week in treatment and on their assigned visitation day thereafter.

Incoming Information

Welcome to DACCO! We understand that this process can be scary but we are here to provide you with quality services to help you change your life for the better. Here is information you will need as you enter Residential Services.

Please bring:

- ✓ Documentation regarding any income that you are receiving
- ✓ Social Security Card (or receipt showing card has been applied for)
- ✓ Drivers License or a Florida Identification Card
- ✓ A thirty-day supply of medication (if you cannot bring your medications, please bring your prescription)

Clothing

- ✓ Bring **no more than** six (7) semi-casual, neat and presentable outfits, (shirt/pant combo is considered an outfit), and one (1) dress-up outfit. – **NOTE: we ask that clothing not be revealing, clingy or seductive.**
- ✓ Under clothing.
- ✓ Sleeping apparel **no more than** three (3) sets (tee-shirt and gym shorts, pajamas, gowns)
- ✓ Shoes, **no more than** four (4) pairs, including one pair of tennis shoes and one pair of shower shoes. (Shower shoes must be worn in the bathroom/shower area at all times.)

Personal Items

- ✓ Deodorant (non-aerosol)
- ✓ Safety Razors (disposable)
- ✓ Bath Soap
- ✓ Toothbrush and Toothpaste
- ✓ Laundry Detergent
- ✓ Hairbrush/ Comb
- ✓ 4 wash cloths
- ✓ 4 bath towels
- ✓ Stamps and Envelopes
- ✓ 2 sets of twin bed sheets
- ✓ 2 pillow cases (fire retardant)
- ✓ Blanket or Comforter (fire retardant)
- ✓ Shower shoes
- ✓ Shampoo/Hair products (only 2)
- ✓ Writing Materials
- ✓ Mouthwash – no alcohol
- ✓ Lotion

Approved Clothing Items

Clients are allowed to have the following items in their possession while at Men's Residential:

Shoes (3 pair)	Dress Pants (2)
T- Shirts (7)	Shorts (3)
Dress Shirts (3)	Blankets (2)
Sweaters (2)	Pillow (1)
Jacket (1)	Sheets (3)
Jeans (3)	Pillow Cases (3)
Pajamas/ Thermals (1)	Towel/ Wash Clothe (2 ea)
Hygiene Items (Misc)	

*******Any item containing alcohol will not be allowed*******

Anything not listed will not be allowed, including:

- ✓ Cologne/Perfume
- ✓ Aftershave lotion
- ✓ Inappropriate Clothing*
- ✓ Scissors, Knives, Straight Razors
- ✓ Clothing with alcohol/drug slogans
- ✓ Drug Paraphernalia
- ✓ Expensive jewelry
- ✓ Appliances
- ✓ Snacks
- ✓ Pets
- ✓ Open-toe shoes
- ✓ Televisions

✓ Ipods/ Computers/ Tablets

✓ Nail Polish

*** Inappropriate clothing includes anything with satanic or vulgar words or graphics on them, clothes with holes or that are revealing, or pants worn below waist with underwear showing.**

Program Rules

Below are the major rules; anyone breaking these rules may be discharged from the program.

- 1) Alcohol or drug use or possession
- 2) Threats to staff or clients / Fighting / Possession of weapons on premise
- 3) Failure to provide urine drug screen
- 4) Stealing
- 5) Sex games
- 6) Cursing staff or clients
- 7) Racial slurs
- 8) Deviation
- 9) Outside after dark without staff present (7 pm)
- 10) Gambling