

Family and Friends Information

Thank you so much for supporting your friend or family member as they enter treatment and work on changing their life! We hope the following information will assist you in this process.

As a friend or family member of someone with a drug or alcohol addiction, you have likely been affected by their struggles. For that reason, we would like to recommend attending an Al-Anon meeting for support. For over 50 years, Al-Anon (which includes Alateen for younger members) has been offering hope and help to families and friends of alcoholics. To find an Al-Anon meeting, you can check the white pages of your local telephone directory, call 1-888-4AL-ANON (1-888-425-2666) or in Tampa call 881-9372 or visit www.tampabyalanon.org.

- 1. Visitation information:** Family and friends may visit clients on the days indicated below. **Clients in Women's Residential treatment can have visitation after 14 days.** Family and friends may visit clients provided they are clean and sober, and supportive of recovery from drugs/ alcohol. Children cannot be left unattended in the building or on the grounds at any time.
- 2. Visitation Requirements:** Your family member will contact you with details about the day of the week and time for visits. Each patient is assigned a day and time for the visits. Please be present 15 minutes prior to the start time or you may not be admitted to the visitation.

3. Privileges Per Phase: This Residential program is up to 6-months of inpatient treatment in which client's progress through 5 Phases. The Phases are approximately 30 days in duration. When each level is achieved certain privileges are earned:

Level 1- no telephone calls or visitation (can receive visits after 8 days at Women's Res). Urgent phone calls allowed at counselor discretion. No incoming mail allowed until Level 2 is achieved, but clients may send mail out.

Level 2 - telephone, mail and visitation privileges earned.

Level 3 - job search and employment added. Additional visitation added on Sunday (for working clients only). Some clients may step down to Intensive Outpatient at this point when appropriate.

Level 4 & 5 – self-transport to outside meetings

4. Delivery of Items- You may drop off personal items to your family member during the scheduled visitation time. New patients may receive a drop off during their first week in treatment. Please make sure to follow the approved list of items.

Incoming Information

Welcome to DACCO! We understand that this process can be scary but we are here to provide you with quality services to help you change your life for the better. Here is information you will need as you enter Residential Services.

Please bring:

- ✓ Documentation regarding any income that you are receiving
- ✓ Social Security Card (or receipt showing card has been applied for)

- ✓ Drivers License or a Florida Identification Card
- ✓ A thirty-day supply of medication (if you cannot bring your medications, please bring your prescription)

Clothing

- ✓ Bring **no more than** six (7) semi-casual, neat and presentable outfits, (shirt/pant combo is considered an outfit), and one (1) dress-up outfit. – **NOTE: we ask that clothing not be revealing, clingy or seductive.**
- ✓ Under clothing (Females must wear bras).
- ✓ Sleeping apparel **no more than** three (3) sets (tee-shirt and gym shorts, pajamas, gowns)
- ✓ Shoes, **no more than** four (4) pairs, including one pair of tennis shoes and one pair of shower shoes. (Shower shoes must be worn in the bathroom/shower area at all times.)

Personal Items

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| <ul style="list-style-type: none"> ✓ Deodorant (non-aerosol) ✓ Safety Razors (disposable) ✓ Bath Soap
 ✓ Toothbrush and Toothpaste ✓ Laundry Detergent ✓ Hairbrush/ Comb ✓ 4 wash cloths ✓ 4 bath towels ✓ Stamps and Envelopes ✓ Make up to include | <ul style="list-style-type: none"> ✓ 2 sets of twin bed sheets ✓ 2 pillow cases (fire retardant) ✓ Blanket or Comforter (fire retardant) ✓ hair dryer ✓ Shampoo/Hair products (only 2) ✓ Writing Materials ✓ Mouthwash – no alcohol ✓ Lotion ✓ Shower shoes |
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Eyeliner	Foundation	ALL MAKE UP ITEMS IS TO BE IN NUETRAL OR NATURAL COLOR. RESIDENTS ARE ASKED TO TONE DOWN HAIR AND MAKEUP
Eye shadow	Concealer	
Blush/ lipstick	Mascara	

*******Any item containing alcohol will not be allowed*******

Anything not listed will not be allowed, including:

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|-------------------------------------|----------------------|------------------|
| ✓ Cologne/Perfume | ✓ Drug Paraphernalia | ✓ Appliances |
| ✓ Aftershave lotion | ✓ Expensive jewelry | ✓ Snacks |
| ✓ Inappropriate Clothing* | | ✓ Pets |
| ✓ Scissors, Knives, Straight Razors | | ✓ Open-toe shoes |

- ✓ Clothing with alcohol/drug slogans
- ✓ Ipods/ Computers/ Tablets

- ✓ Televisions
- ✓ Nail Polish

*** Inappropriate clothing includes anything with satanic or vulgar words or graphics on them, clothes with holes or that are revealing, or pants worn below waist with underwear showing.**

Program Rules

Below are the major rules; anyone breaking these rules may be discharged from the program.

- 1) Alcohol or drug use or possession
- 2) Threats to staff or clients / Fighting / Possession of weapons on premise
- 3) Failure to provide urine drug screen
- 4) Stealing
- 5) Sex games
- 6) Cursing staff or clients
- 7) Racial slurs
- 8) Deviation
- 9) Outside after dark without staff presents (7 pm)
- 10) Gambling